



# Boston Graduate School of Psychoanalysis

## PROGRAM CATALOG

### Doctor of Psychoanalysis Degree *Hybrid Accelerated PsyD for Certified Analysts*

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## MISSION STATEMENT

BGSP's highly engaged community is deeply committed to furthering humanity's understanding of the unconscious forces that drive us, helping individuals lead more fulfilling lives, and addressing the societal and cultural challenges we continue to face.

The School's individualized approach to learning helps students uniquely shape their professional lives, producing clinical mental health counselors, scholars, and psychoanalysts who are able and confident in their abilities to remove impediments to the lasting growth of which virtually all people are capable.

## DOCTOR OF PSYCHOANALYSIS

The low-residency, accelerated track provides an opportunity for certified psychoanalysts to earn the Doctor of Psychoanalysis degree by transferring in their psychoanalytic training and completing additional coursework and a dissertation. Students conduct research in psychoanalysis at the doctoral level, examine psychoanalytic theory and clinical intervention from a comparative perspective, as students hail from different psychoanalytic schools of thought, and study contemporary issues in psychoanalysis. For instance, students study the interaction of somatic and emotional factors in the psyche, as well as ethics for psychoanalysis.

With guidance from the faculty, the student is expected to initiate and conduct a scholarly piece of research that applies psychoanalytic concepts to an area of the student's interest. Each student is assigned a faculty advisor when they begin the program. Once the academic courses are completed, and a research chair is selected, the chair serves as the academic advisor.

Assuming the student has graduated from an ABAP-accredited institute or its equivalent, the accelerated track requires a two-year commitment to two or three courses per semester, for a total of 37 credits. Coursework includes 11 credits of coursework in research and research methods, 3 credits of an advanced comparative clinical seminar, 13 credits of additional coursework in contemporary issues in psychoanalysis and psychoanalytic ethics, and 10 credits of directed research supervision as the student works on the dissertation. Students who have graduated from analytic training but have not met the standard admission requirements may need to engage in additional coursework or clinical work.

## ELIGIBILITY AND STATE REGULATION

BGSP is a member of NC-SARA and is thereby approved to offer distance education programs in every state except California.

Students in the distance learning accelerated track towards the Psya.D. degree have already had psychoanalytic institute training and need to rely on that training if they plan to be licensed in psychoanalysis. The distance learning accelerated track towards the Psya.D. degree is not intended to fulfill licensure requirements in New York State and BGSP will not recommend distance learning graduates for professional licensure in New York State. For more information on licensure in psychoanalysis in New York State, please visit the Office of the Professions at <http://www.op.nysed.gov/prof/>.

## ACADEMIC CALENDAR

In the low-residency, accelerated track of the doctoral program, students participate using a blended in-person/online format. Students attend 8 online video-conference class meetings for each course, and 2 intensive weekends in Boston. Two-credit classes meet for a 2-hour block, and most 3-credit classes meet for a 3-hour block.

## TECHNOLOGICAL REQUIREMENTS

For the video-conference class meetings, instructors and students will use the online platform, Zoom: <https://zoom.us/> Students using **PC, Mac, or Linux** are required to have access to a strong internet connection, a webcam, speakers, and a microphone. For details on operating system and bandwidth requirements, please refer to Appendix A, Technological Requirements.

## DEGREE GOALS

In conjunction with their prior psychoanalytic training, students are expected to achieve the learning goals of the full Psya.D. program. Through their participation in the accelerated program in particular, students are expected to achieve the following learning outcomes:

- 1) Graduates demonstrate understanding and mastery of comparative psychoanalytic theory and ability to apply this understanding to clinical cases.
- 2) Graduates demonstrate the ability to integrate theory, empirical research, and clinical

observation in executing and presenting a satisfactory and original dissertation research project.

- 3) Graduates demonstrate a thorough consideration of at least two contemporary issues in psychoanalysis.

## RESEARCH AND DISSERTATION

Students develop an original dissertation question when ready, usually over the course of the first year. The student presents a brief prospectus or concept paper to the Research Committee for initial discussion and approval of the research question, rationale, and method. The Research Chair, along with the Research Committee assists the student in selecting readers to advise the student in the development of the dissertation proposal. Over the course of the dissertation research, the student works with a BGSP Chair and two readers, one of whom might be an outside reader. Outside readers are approved by the Research Committee. When the proposal is fully developed, it is approved by the student's research committee, and the student undertakes the data collection, analysis, and writing of the findings and discussion. Doctoral dissertation projects may be single case studies, multiple case studies, theoretical studies, or studies applying psychoanalytic theory or technique to other kinds of observations and data, e.g., in the educational setting, literary works, group functioning, psychoanalytic training.

When the dissertation is complete and meets the readers' approval, the student schedules the dissertation defense with her/his dissertation committee in conjunction with the Research Committee. The doctoral candidate orally presents the dissertation research to the readers, the Research Committee, and the doctoral program faculty. All doctoral program faculty members are given the opportunity to read the dissertation prior to the defense and vote on whether the research meets doctoral standards.

## PROGRAM REQUIREMENTS

Students in the accelerated Psya.D. program fulfill the following requirements to graduate:

1. Successful transfer of the equivalent of at least 36 credits of psychoanalytic coursework, plus 37 credits of additional required and elective course work. Students lacking certain coursework upon admission ARE REQUIRED TO complete it during the doctoral program.
2. 450 hours of training analysis (150 of which may be group analysis) and 200 hours of psychoanalytic supervision. Usually this will be transferred from the certificate training program. Students lacking the complete number of hours upon admission ARE REQUIRED TO accumulate hours during the doctoral program, unless they are residents of New York State. New York residents complete all hours prior to admission.
3. Successful completion of the dissertation and oral defense to the faculty.

### REQUIRED COURSES:

PTH 172 Research Methods in Psychoanalysis	3 credits
PTH 175 Contemporary Issues in Psychoanalytic Research	2 credits
PTH 181 Biology of Mind and Behavior	3 credits
PTH 187 Psychoanalytic Ethics	2 credits
PTH 263/264/265 Contemporary Issues in Psychoanalysis ( <i>three semesters required</i> )	2 credits
PTH 283 Proposal Writing for Psychoanalytic Research	3 credits
PTH 285 Inference Making in Psychoanalytic Research	3 credits
PTH 2630 Comparative Case Seminar	3 credits
PTH 2640 Advanced Clinical Seminar on Early Mental States	2 credits

**DISSERTATION:**

PT 527/528/529/530 Directed Research (0.5 - 3 credits)	10 credits
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**Total** **37 credits**

## SAMPLE PROGRAM OF STUDY

### FALL, FIRST YEAR

PTH 172 Research Methods in Psychoanalysis	3 credits
PTH 283 Proposal Writing for Psychoanalytic Research	3 credits
PTH 263 Contemporary Issues in Psychoanalysis	2 credits
	<b>8 credits</b>

### SPRING, FIRST YEAR

PTH 2630 Comparative Case Seminar	3 credits
PTH 264 Contemporary Issues in Psychoanalysis	2 credits
PTH 181 Biology of Mind and Behavior	3 credits
PT 529 Directed Research	3 credits
	<b>11 credits</b>

### FALL, SECOND YEAR

PTH 175 Contemporary Issues in Psychoanalytic Research	2 credits
PTH 265 Contemporary Issues in Psychoanalysis	2 credits
PTH 2640 Advanced Clinical Seminar on Early Mental States	2 credits
PT 529 Directed Research	3 credits
	<b>9 credits</b>

### SPRING, SECOND YEAR

PTH 187 Psychoanalytic Ethics	2 credits
PTH 285 Inference Making in Psychoanalytic Research	3 credits
PT 529 Directed Research	3 credits
PT 527 Directed Research	1 credit
	<b>9 credits</b>

**Total Credits** **37 credits**

Most students take an additional year to complete the dissertation.

## COURSE DESCRIPTIONS

### PSYCHOANALYTIC THEORY

PTH 263/264/265 Contemporary Issues in Psychoanalysis (2 credits)

*Three semesters required*

In this course, a topic of contemporary interest is chosen as the focus of, e.g., the nature of therapeutic action, gender and sexuality, race and psychoanalysis, and particular treatment issues. A different topic may be the focus each time the course is offered.

### RESEARCH

The Research curriculum prepares the student to understand methodological issues in psychoanalytic research. It guides the formulation of questions for study and prepares the student to write the dissertation.

PTH 172 Research Methods in Psychoanalysis (2 credits)

This course introduces students to selected psychoanalytic research methods that have gained general acceptance in the field. It explores advantages, disadvantages, limitations, sources of error, and bias associated with various research methods. The course examines what is basic to psychoanalytic inquiry in the areas of study design, data collection and processing, distinguishing among inferences, assumptions, and observed events. Students become familiar

with designing methodology for the single case study and problems collecting and processing psychoanalytic data.

### **PTH 175 Contemporary Issues in Psychoanalytic Research (2 credits)**

This advanced course considers contemporary methods and issues in psychoanalytic research including outcome research design, single case versus multiple case studies, ethical issues in data collection, inference making and the nature of evidence, uses of subjective states as data and other issues of concern.

### **PTH 283 Proposal Writing for Psychoanalytic Research (3 credits)**

This project-focused course is designed to cover the elements of the proposal and relevant readings on methodology, as well as sample projects. Students develop research questions relevant to their area of interest, pursue their review of the literature, and develop a methodology.

### **PTH 285 Inference Making in Psychoanalytic Research (3 credits)**

One of the biggest challenges in psychoanalytic research is the process of making valid inferences from data and observations collected during psychoanalytic work and interviews. Students consider how to articulate assumptions about the unconscious, back up inferences with data, and draw valid conclusions. The class discusses sample and ongoing projects.

### **PT 527/528/529/530 Directed Research (0.5-3 credits)**

Students work individually with a research supervisor who assists them in developing and completing a research proposal, developing methodology, and collecting and interpreting data. During the course of the single case study or dissertation research, the student signs up for directed research with two additional readers approved by the research committee.

## **CLINICAL STUDIES**

### **PTH 181 Biology of Mind and Behavior (3 credits)**

Students learn the significance of chemical, organic, and physiological factors and their interaction in psychic functioning. The course reviews brain anatomy and development, genetics and evolution of behavior, developments in neuroscience, the mind/body connection, and the effects of chemical intervention in various populations. Students also explore the implications of somatic factors for mental health and addiction.

### **PTH 187 Psychoanalytic Ethics (2 credits)**

This course focuses on the clinical ethical issues that have arisen within psychoanalysis since its inception. Such issues as "wild" analysis, extra-analytic contact, neutrality, countertransference, the use of induced feelings, parameters, working with enactment, and third-party payment will be discussed in terms of case examples. The special circumstances that occur when analysts work in non-analytic settings will be considered from an ethical perspective. The course



considers the goals of analysis and the best interest of the patient as guiding principles in studying ethics.

### PTH 2630 Comparative Case Seminar (3 credits)

This seminar considers similarities and differences among various psychoanalytic perspectives with a focus on a particular modality or clinical population. For example, a course on individual adult work may focus on student cases from a number of schools of thought. Other variations of the course may focus on work with children or couples, for example, focusing on the different ways transference, countertransference, and resistance are viewed from different theoretical perspectives given the issues that arise in the particular modality.

### PTH 2640 Advanced Clinical Seminar on Early Mental States (2 credits)

This course examines psychopathology of severely regressed states from the perspective of the modern school of psychoanalytic theory and case study. Psychiatric understanding of etiology and function is contrasted with and augmented by the psychodynamic understanding of symptoms, core conflicts, and characteristic defenses in psychotic, affective, and somatic disorders. Implications for diagnosis and treatment are discussed.

**The Boston Graduate School of Psychoanalysis may withdraw, add or modify courses as necessary.**

## ADMISSION

For the accelerated track of the Doctor of Psychoanalysis program, BGSP welcomes applicants who have earned an eligible post-master's certificate in psychoanalysis. Qualified applicants will have already earned the equivalent of at least 36 credits of post-master's psychoanalytic coursework, including psychopathology, psychoanalytic theory, developmental theory, dreams and symbolic processes, clinical intervention, transference, countertransference, and resistance, as well as case seminars.

Suitable applicants will also have significant psychoanalytic clinical experience, will have received extensive psychoanalytic clinical supervision, and will have undergone a training analysis.

In order to apply, prospective students submit to the Director of Admissions the completed application form, fee, and supporting materials which include:

- official copies of certificate, undergraduate, and graduate transcripts,
- two current letters of reference,
- a statement about interest in this program,
- documentation of completed hours of training analysis and supervision,
- a paper to provide evidence of the critical thinking, writing skills, and

psychoanalytic understanding required to conduct doctoral research in psychoanalysis. This paper demonstrates that the candidate is qualified to conduct doctoral research in the field and serves as the Qualifying Exam.

The application is complete once the above materials are submitted. The file is then reviewed by the Admissions team. Those applicants selected for further consideration are scheduled for three interviews, in person, with doctoral faculty members. The interview is an opportunity for the applicant to express their personal interest in further psychoanalytic study, and to learn more about the Graduate School and its programs. The Admissions Committee then reviews all components of the applicant's file to make an admission decision.

Applicants will be evaluated individually to determine their level of acceleration within the doctoral program based on their previously earned post-master's psychoanalytic coursework. It is likely that applicants who have graduated from institutes that are accredited by the American Board for Accreditation in Psychoanalysis (ABAP) or the Accreditation Council for Psychoanalytic Education (ACPE), or are affiliated with the American Psychoanalytic Association (APsaA) or the International Psychoanalytic Association (IPA), will have completed the required post-master's coursework. This coursework should include: psychoanalytic theories of human development, studies of Freud and later psychoanalytic theorists, clinical theories of transference and countertransference, psychoanalytic psychopathology, courses in dreams and unconscious fantasy, clinical case seminars, and basic research methods in the human sciences. Graduates of institutes who cannot document studies in these areas will be required to take the appropriate coursework at BGSP.

BGSP admits students of any race, color, SEX, GENDER IDENTITY, SEXUAL ORIENTATION, RELIGION, national origin, and ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the School. It does not discriminate on the basis of race, color, national origin, ethnic origin, sex, gender identity, sexual orientation, disability, age, RELIGION, or employment status in administration of its educational policies, admission policies, scholarship and loan programs, and other School-administered programs.

# APPENDIX A

## TECHNOLOGICAL REQUIREMENTS

Students using **PC, Mac, or Linux** are required to have access to a strong internet connection, a webcam, speakers and a microphone.

### System requirements

- An internet connection – broadband wired or wireless (3G or 4G/LTE)
- Speakers and a microphone – built-in, USB plug-in, or wireless Bluetooth
- A webcam or HD webcam - built-in, USB plug-in,
- Or an HD cam or HD camcorder with a video-capture card (see the list of [supported devices](#))
- Or virtual camera software for use with broadcasting software like OBS or IP cameras (for macOS, [Zoom client 5.1.1 or higher is required](#))

### Supported operating systems

- macOS X with macOS 10.9 or later
- Windows 10\* (devices running Windows 10 must run Windows 10 Home, Pro, or Enterprise. S Mode is not supported)
- Windows 8 or 8.1
- Windows 7
- Ubuntu 12.04 or higher
- Mint 17.1 or higher
- Red Hat Enterprise Linux 6.4 or higher
- Oracle Linux 6.4 or higher
- CentOS 6.4 or higher
- Fedora 21 or higher
- OpenSUSE 13.2 or higher
- ArchLinux (64-bit only)

### Supported tablet and mobile devices

- [iOS and Android devices](#)
- Blackberry devices
- [Surface PRO 2 or higher, running Windows 8.1 or higher](#)

#### Notes:

- Tablet PCs running Windows 10 must run Windows 10 Home, Pro, or Enterprise. S Mode is not supported.
- Tablet PCs only support the desktop client.

### Supported browsers

- Windows: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+
- macOS: Safari 7+, Firefox 27+, Chrome 30+
- Linux: Firefox 27+, Chrome 30+
- **Note:** Some features in the [web client](#) are not supported on Internet Explorer.

### Processor and RAM requirements

	Minimum	Recommended
Processor	Single-core 1Ghz or higher	Dual-core 2Ghz or higher (Intel i3/i5/i7 or AMD equivalent)
RAM	N/A	4 Gb

**Notes:**

- Dual and single-core laptops have a reduced frame rate when screen sharing (around 5 frames per second). For optimum screen-sharing performance on laptops, we recommend a quad-core processor or higher.
- Linux requires a processor or graphics card that can support [OpenGL 2.0](#) or higher.

**High-DPI support**

- High-DPI displays are supported in Zoom version 3.5 or higher

**Bandwidth requirements**

The bandwidth used by Zoom will be optimized for the best experience based on the participant's network. It will automatically adjust for 3G, WiFi, or wired environments.

Recommended bandwidth for meetings and webinar panelists:

- For 1:1 video calling:
  - For high-quality video: 600kbps (up/down)
  - For 720p HD video: 1.2Mbps (up/down)
  - For 1080p HD video: 3.8Mbps/3.0Mbps (up/down)
- For group video calling:
  - For high-quality video: 1.0 Mbps/600kbps (up/down)
  - For 720p HD video: 2.6Mbps/1.8Mbps (up/down)
  - For 1080p HD video: 3.8Mbps/3.0Mbps (up/down)
  - For gallery view receiving: 2.0Mbps (25 views), 4.0Mbps (49 views)
- For screen sharing only (no video thumbnail): 50-75kbps
- For screen sharing with video thumbnail: 50-150kbps
- For audio VoIP: 60-80kbps
- For Zoom Phone: 60-100kbps

Recommended bandwidth for webinar attendees:

- For panelists video on:
  - ~600kbps (down) for high-quality video
  - ~1.2-1.8Mbps (down) for 720p HD video
  - ~2-3Mbps (down) for 1080p HD video
- For screen sharing only (no video thumbnail): 50-75kbps (down)
- For screen sharing with video thumbnail: 50-150kbps (down)
- For audio VoIP: 60-80kbps (down)

Zoom recommends the following equipment if you need an external camera or microphone:

**HD Camera Suggestions**

- [Logitech C270 Webcam](#)
- Logitech PTZ Pro
- [Aver VC520](#)
- [Logitech HD Webcams](#)
- [VTEL HD5000PTZ Camera](#)
- [Vaddio PrimeSHOT 20 HDMI](#)
- [Microsoft HD Webcams](#)
- [Hovercam Solo 5 Document and Webcam](#)

**USB Speakerphone and Microphone**

- [Revolabs UC500](#)
- [Jabra Speak 510](#)

- [Clearone Chat 150](#)
- [Logitech P710e](#)
- [Plantronics Calisto 600](#)
- [Phoenix Quattro3](#)
- [Voice Tracker Array Microphones](#)
- Yamaha YVC-200
- [Jabra USB Headphones](#)
- [Shure Wireless Conferencing System](#)
- [MXL Microphones for Conferencing](#)